

## Roaming Packing Information

Here is some information to help you with your packing. If you have any questions just get in touch.

Try to go as lightweight as possible. Remember you have to carry it from your kayak to the campsite and back, plus it has to fit inside your kayak. Although this can be up to a 10min walk, depending on where we can leave the kayaks, it is nice to do it in one go. As a rough guide all your kit should fit into two Ikea-type bags, this is also a handy way of carrying your stuff to the campsite. If it does not fit into your kayak you will not be able to take it with you.



Here are the measurements for the smaller (Green) Dagger Stratos boats we provide. The red ones have a tiny bit more space inside but the hatch openings are the same.

Dry bags differ in shape even if they are the same litre size. The thicker PVC dry bags are generally more hard wearing. However, the thinner dry bags can be easier to use and are still good. I would also recommend different coloured dry bags as it makes it easier to remember what is in each one, or you can write on them. Hopefully this will give you an idea of what you can bring. Your bags need to be a smaller diameter than the hatch in order to bend in.



**Front Hatch** – a round hole with a diameter of 24cm.

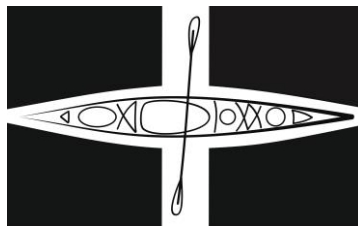
We fitted in **four 13lt** dry bags **OR a tent** (46cm x 20cm x 20cm) **and two 13lt** dry bags.

**Rear hatch** – an oval hole; 40cm at its longest and 28cm at its width.

We fitted in **two 13lt** dry bags **and one 20lt OR four 13lt** dry bags.

You can fit one 13lt dry bag behind your seat if you are stuck.

**As an example: I usually take one 20lt dry bag (containing sleeping bag) and six 13lt dry bags for everything else. The 6<sup>th</sup> one is a spare as it is best not to completely fill them as they are harder to get in and out of the hatch.**



## **Paddling Kit:**

We will provide you with:

- Buoyancy aid
- Spray deck
- Cag/jacket
- Helmet
- Long john wetsuit
- Kayak
- Paddle

I also provide all the safety equipment which I carry in my kayak. Including a group shelter, Flares, radio, FastFind, phone, boat repair kit, first aid, spare paddle, pump, spare set of warm clothes, a coverall cag, a stove for hot drinks, map and compass.

For you to bring:

You are still in the UK so the weather can be wet and cold or sunny and lovely, and we do go kayaking in the rain if it should happen! Even in sunshine it is colder on the water. I recommend bringing a thermal (merino wool or I use Reed chillcheater thermals that are warm when wet) and a fleece to go under the Cag, should it be cooler. If it is gorgeous then you may choose to swap the wetsuit for a pair of shorts and a thermal. Be mindful that in this case you will need room in your kayak to carry the wetsuit and Cag.

You also need wetsuit shoes or crocs. If you are using crocs or similar I recommend wetsuit socks inside them as people find that their heels rub against the sand in the kayak and become sore without them.

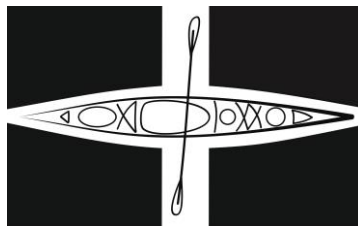
Please note that we will be leaving a tent at St Martin's Campsite so you are welcome to leave a bag in there (at your own risk) with your travel clothes and a fluffy towel for luxury etc so that these do not have to take up space in your kayak.

## **Camping Kit Suggestions:**

- Tent/tarp or bivi – personally I normally choose a small tent
- Sleeping mat/thermarest – this insulates you from the ground and keeps you a lot warmer, I have the 'Klymit insulated static V' it packs down really small, is really comfy and contains insulation to keep you that bit warmer. There are lots of similar products on the market.
- Sleeping bag – mine is a 3 season. A sleeping bag liner can keep it a bit cleaner and make it warmer. This should be stored in your best dry bag! Mine fits in a 20lt dry bag.

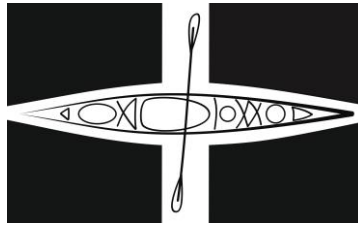
## **The Rest of the Kit Suggestions:**

- Dry clothes for wearing after paddling:
  - Thermals; top and bottom for possible cooler evenings. They are also great for sleeping in on cold nights.
  - A fleece jumper
  - Insulated jacket – go synthetic primaloft instead of down (better in the wet)



- Trousers
  - T-shirt
  - Shorts
  - Waterproof jacket (lets hope we don't have to use it)
  - Socks
  - Crocs – You can choose more fashionable footwear but these work really well wet or dry and with sandy feet.
  - Travel towel
  - Basic wash kit and personal medications
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- Torch and spare batteries
  - Warm hat
  - Sun hat (a wide brim is good)
  - Sunglasses and a croaky to keep them on in the event of a capsize
  - Sunscreen and sunblock for your lips
  - Water bottles – you need to be able to carry enough for the day
  - Food – I eat in the pub most nights. Then here is an example of what I generally have for the other meals:
    - Breakfast: Boiled egg sandwich, coffee and fruit
    - Lunch: will either be something bought on one of the islands and I will probably make up an overnight oats in a Tupperware pot most days too. Recipes for these can be found all over the internet I will carry a dry mix of it and just add milk each morning.
    - Snacks: cereal bars, fruit, a bit of chocolate. A cuppa soup
    - A boil in the bag meal/pot noodle style meal that you can just heat up or add hot water to.
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- Mug
  - Knife, fork, spoon
  - Plate/bowl depending on what you plan to do with food
  - 2 Ikea bags/Clas Ohlson/something similar bags (**really useful!**)
  - Dry bags – lots of small dry bags is better than one big one. You can do it with bin bags its just more risky!
  - Stove if you plan to cook or want a cuppa in the morning
  - Fuel
  - Appropriate pan for your needs
  - Lighter/flint
  - I will be able to boil up water for drink stops on beaches during the day. All you will need is a mug and your choice of drink
  - A pillow case – you can use this to put your jumpers and jacket in to act as a pillow. There is no room for actual pillows! Or you can stuff your fleece jumper instead.

## Luxury items:



- Camping chair – the little tripods or seats with no legs fit well
- Aeropress for that coffee experience
- Book in case bad weather keeps us off the water
- Waterproof Camera – I take plenty of photos and share them with you after the trip so you may feel you do not need this.
- Battery bank/Phone charger – at St Martin’s campsite you can charge items in their public camping barn so it is better to leave a battery bank in there for the day rather than your phone. There are also charging lockers at the Bryher campsite. Plus the pubs are usually very accommodating.
- Phone. You can get phone dry bags or you can just add it in to one of your other dry bags if you wish to take it.

If you have any questions do get in touch and I can chat through it with you. The key is to keep it minimal. You only need one set of clothes as you only put them on in the evenings.